

#RECOMMENDED FOUR YEAR SEQUENCE FOR
ATHLETIC TRAINING MAJOR

2009-2010

Truman Week Program 1.0

FRESHMAN FALL

ES 205 First Aid & CPR (PR section) 2.0
AT 120 Introduction to Athletic Training 3.0
 Elementary Functions Requirement 5.0
 ENG 190 Writing as Critical Thinking 3.0
 Mode of Inquiry Requirement[^] (BIOL 100 or 107) 4.0

FRESHMAN SPRING

BIOL 365 Human Anatomy 3.0
 BIOL 365 Human Anatomy Lab 1.0
 ES 245 Nutrition in Health, Fitness, and Sport 3.0
 ~ AT 220 Principles of Athletic Training 3.0
 ~ AT 112 Athletic Training Practicum 1 1.0
 Free Elective 2.0
 Personal Well-Being requirement (HLTH 195&196) 2.0

Apply to the Athletic Training Education Program

SEMESTER TOTAL 17.0

SEMESTER TOTAL 15.0

SOPHOMORE FALL

~ AT 320 Injury Evaluation - Lower Extremity 2.0
 ~ AT 210 Athletic Training Practicum 2 1.0
 ~ ES 224 Research Methods and Data Interpretation 4.0
 COMM 170 Public Speaking 3.0
 STAT 190 Basic Statistics 3.0
 Mode of Inquiry Requirement[^] (PHYS 100 or 185) 4.0

SOPHOMORE SPRING

~ AT 350 Therapeutic Modalities 3.0
 ~ AT 321 injury Evaluation - Upper Extremity 2.0
 ~ ES 342 Concepts of Biomechanics 4.0
 ~ AT 212 Athletic Training Practicum 3 1.0
 ~ ES 345 Introduction to Exercise Physiology 3.0
 Mode of Inquiry Requirement[^] (PSYC 166) 3.0

SEMESTER TOTAL 17.0

SEMESTER TOTAL 16.0

JUNIOR FALL

~ AT 360 Athletic Training Administration 3.0
 ~ BIOL 325 Human Physiology 4.0
 ~ ES 445 Assessment and Prescription I 4.0
 ~ AT 310 Athletic Training Practicum 4 1.0
 Mode of Inquiry Requirement[^] 3.0

JUNIOR SPRING

~ AT 450 Advanced Athletic Training 3.0
 ~ ES 460 Assessment and Prescription II 3.0
 ~ AT 312 Athletic Training Practicum 5 1.0
 ~ AT 420 Physical Rehabilitation 3.0
 ~ ES 365 Injury and Rehabilitation Psychology 3.0
 Interdisciplinary WE Junior Seminar (JINS) 3.0

SEMESTER TOTAL 15.0

SEMESTER TOTAL 16.0

SENIOR FALL

~ AT 460 Capstone in Athletic Training 1.0
 ~ AT 410 Athletic Training Practicum 6 1.0
 Foreign Language (I) Requirement 3.0
 Missouri Statute Requirement 1.0
 Mode of Inquiry Requirement[^] 3.0
 Free Elective 3.0

SENIOR SPRING

Foreign Language (II) Requirement 3.0
 Mode of Inquiry Requirement[^] 3.0
 Mode of Inquiry Requirement[^] 3.0
 Free Elective 3.0
 Free Elective 3.0

SEMESTER TOTAL 12.0

SEMESTER TOTAL 15.0

Take BOC Exam

[^] Notes: All students must complete 7 of the 8 Modes of Inquiry. See 2007-2009 General Catalog or <http://academics.truman.edu/lsp/> for approved courses. The Writing Enhanced (WE) course requirements are met by completing ES 244 and ES 365.

* Test-out procedures are available at the following websites: <http://ll.truman.edu> (COMM 170.) Students who earn varsity sport credit may use this credit in place of HLTH 196 (activity only).

~ Indicates a course with pre-requisite(s). See catalog or pre-requisite list. Underlined courses indicate those that are offered fall only, spring only, or summer only.

This document reflects the recommended 4-year sequencing of courses specifically required for the Athletic Training major. Students must first be accepted into the Athletic Training major before enrolling in any major course other than AT 120. Information and application can be obtained from the Athletic Training website at <http://hes.truman.edu/atmaj>.

You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.

Total Required Hours: **124.0**