# RECOMMENDED FOUR YEAR SEQUENCE FOR PHYSICAL EDUCATION/HEALTH/COACHING PATTERN

## 2001-2002

### FRESHMAN FALL
- Freshman Program: 1.0
- Foreign Language (I) Requirement: 3.0
- Scientific: Life Science Requirement**: 4.0
- Elementary Functions Requirement: 0-3.0
- HLTH 194 Lifetime Health & Fitness: 2.0
- Extended FW: ES 190 or ES 232: 3.0

**SEMESTER TOTAL 13-16.0**

### FRESHMAN SUMMER
- STAT 190 Basic Statistics: 3.0
- PSYC 166 General Psychology: 3.0

**SUMMER TOTAL 6.0**

### SOPHOMORE FALL
- Mathematical Mode Requirement: 3-5.0
- ENG 190 Writing as Critical Thinking: 3.0
- ES 346 Microcomputer Applications: 3.0
- HLTH 245 Substance Abuse Prevention: 3.0
- ES 236 Creative Dance for Children: 1.0
- ES 235 Physical Activities for the Young Child: 2.0

**SEMESTER TOTAL 15-17.0**

### SOPHOMORE SUMMER
- POL 161 American National Government: 3.0
- COMM 170 Fundamentals of Speech: 3.0

**SUMMER TOTAL 6.0**

### JUNIOR FALL
- ED 389 Foundations of Education: 2.0
- BIOL 365 Human Anatomy: 3.0
- BIOL 365 Human Anatomy Lab: 1.0
- HIST 104 US History I or HIST 105 US History II: 3.0
- HLTH 261 Mental Health: 3.0
- Literature Mode Requirement: 3.0
- ES 179 Outdoor Activities: 0.5

**SEMESTER TOTAL 15.5**

### JUNIOR SUMMER
- ES 450 Senior Seminar: 1.0
- ES 343 Motor Learning and Control: 2.0
- ES 343 Motor Learning and Control Lab: 1.0

**SUMMER TOTAL 4.0**

### SENIOR FALL
- HLTH 366 Community Health: 3.0
- ES 344 Growth & Motor Development: 3.0
- ES 430 Principles of Coaching: 2.0
- Fine Arts Mode Requirement: 3.0
- ED 593 Psychological Foundations of Education: 3.0
- Additional 1-hour Activity: 1.0
- Recreational Dance: 1.0

**SEMESTER TOTAL 16.0**

### SENIOR SPRING
- Philosophical & Religious Mode Requirement: 3.0
- ES 431 Injury Care or ES 500 Athletic Injuries: 3.0
- ES 505 Advanced Biomechanical Analysis: 3.0
- ES 502 Social Problems or ES 503 Psychology of Sport: 3.0
- HLTH 360 School Health Programs: 3.0
- Theory of Coaching Course: 1.0

**SEMESTER TOTAL 16.0**

**Total Required Hours:** 136-145.0

**Notes:** The Scientific: Life Science requirement should be fulfilled by taking BIOL 100, 103, 106, or 107. Please also note the Intercultural Perspective requirement is automatically fulfilled by SOAN 190. Underlined courses indicate those that are offered fall only, spring only, or summer only. (*) Indicates a course with prerequisite(s). See catalog or prerequisite list.